

The Pardes Orientation Booklet

תשע"א-תשע"ב
2011-2012

Updated: Tamuz 5771 / July 2011



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Jerusalem**



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Pardes is located on the corner of Rivka and Pierre Koenig Streets (over the Mazda Dealership) in Talpiot, Jerusalem

TABLE OF CONTENTS

Part I: Welcome to Pardes

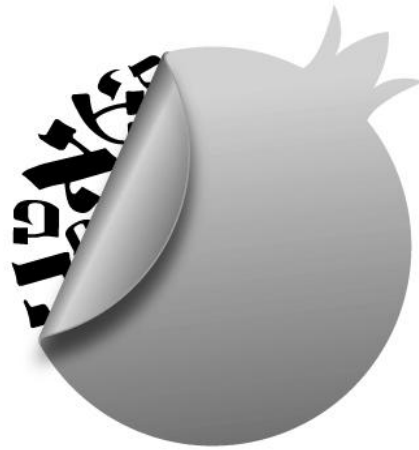
NEW CONCEPTS	1
PARDES POLICIES	2
PARDES STATEMENT ON DIVERSITY	7
ULPAN	8
RECYCLING	9

Part II: Welcome to Jerusalem

GENERAL SAFETY	11
SECURITY	12
MEDICAL INFORMATION	13
VISA INFORMATION	14
APARTMENTS	15
PERSONAL FINANCES/BANKING	16
SERVICES AROUND TOWN	18
* Pharmacy	
* Dry cleaners	
* Office supplies	
* Waxing/Manicure/Pedicure	
* Wireless access	
* Computer help	
* News sources	
* Post office	
* Eye care	
* Mikvah	
* Books, religious articles	
* Household repairs	
CONSULATES AND EMBASSIES	22
TRANSPORTATION	23
THE PHONE	25
FOOD SHOPPING	26
RESTAURANTS	27
SHABBAT	28
SYNAGOGUE GUIDE	29
USEFUL WEBSITES	32
MEASUREMENT CONVERSIONS	34

Part I

WELCOME TO PARDES



Why the *rimon* (pomegranate)?

The pomegranate, symbol of the Pardes Institute, is one of the seven species which the Bible views as characteristic of the Land of Israel (Deuteronomy 8:8). To our Sages, the many-seeded pomegranate represented the fertile possibilities inherent not only in the land, but in the Jewish People and its Torah. In fact, the ideal pomegranate is said to have 613 seeds, one for each of the *mitzvot* (commandments) mentioned in the Bible. At Pardes, the varied facets of Torah, of Israel and of each student are explored and, like the many seeds of the pomegranate, are brought together in a harmonious whole.

The word *pardes* means orchard in Hebrew. The Hebrew letters פרדס refer to the 4 levels of understanding Jewish texts: pshat, remez, drash, and sod.

WELCOME TO PARDES!

NEW CONCEPTS

Learning Jewish texts in a traditional way involves opening yourself up to a new style of studying and learning. The goal of *limudei kodesh* (Jewish learning) is not to memorize a vast amount of knowledge. Rather it is about joining a 3000 year old conversation. It is about personal growth and about adding your voice to the myriad of learners who preceded you. This is a very difficult approach to learning for many people, especially those most comfortable with a traditional teacher-student relationship. Your year at Pardes is not about sitting and taking notes from your teacher (although you may do this as well) - it is about learning how to learn.

The *beit midrash* is where most of your learning will take place. This is not a classroom; it is a “house of study,” where the hum of debate and discussion is the perfect environment for the task at hand. Here you will sit with your *havruta* (learning partner) and discover Jewish texts together. **Questions** will be your main tool. You will read texts and commentaries and then discuss their meanings. From the most beginner student to the most advanced, this is how Jewish learning is accomplished—through shared voices. You should never be afraid to bring up any question—with your havruta or in class. A wise person once said, “Judaism isn’t about having all the right answers. It’s about the right questions.” At Pardes, the right questions are any that bother you, any that you wish you address. Questions lead to a deeper understanding of the text. Questions are always welcome - in class and in the *beit midrash*.

Debate is also an essential tool of learning in Jewish tradition. *Machloket* (disagreement/debate) is present throughout the texts you will study and it will be a vital aspect of your classroom experience. It is okay to disagree—with your havruta and even with your teacher. The idea of *machloket* is highly respected in Jewish thought. Do not be afraid of it, even if it is strange and new to you.

These new ideas and ways of learning may be intimidating at first but remember that there are many people here to help you. Your teacher and other students (in particular returning students) are always available to help, even in the *beit midrash*. By the end of the summer session or the year, the *beit midrash* will be a more comfortable place and your own voice and own opinions will be more familiar to you.

PARDES POLICIES

The Beit Midrash

- The beit midrash is like a one-room schoolhouse. It is perfectly legitimate to ask more advanced students for help. Teachers, too, are in the beit midrash as resource people. You are not disturbing them if you ask questions; they are there for that very purpose. If you have a question that cannot be answered on the spot, they will be happy to set aside time for a lengthier discussion.
- Much of your learning will take place in the beit midrash. It is a good idea to arrange for a different *havruta* (learning partner) for each subject. We cannot stress enough the importance of having a suitable havruta in order to get the most out of your learning. If you have difficulty finding an appropriate havruta, speak to your teachers.
- Books in the beit midrash (which should not leave Pardes!) should be re-shelved after use.
- Drinks are permitted in the beit midrash, but mugs and cans should be removed, stains wiped up, etc. Food is not permitted out of respect for the room's sanctity. For the same reason, students should not walk around barefoot. (Yes, we know about Moses; if you see a burning bush not being consumed, you may remove your shoes.)

Tefilla (Prayer)

There is a traditional *minyan* (prayer service) at Pardes with a *mehitza* (divider between men and women) as well as an egalitarian service every day for afternoon prayers and also some mornings. Students are welcome to initiate other types of prayer services as well.

(Lack of) Dress Code

There is no dress code at Pardes, but you are encouraged to be respectful of the learning environment. As stated earlier, you must wear shoes in the beit midrash.

Food

Adjacent to the kitchen is a hot/cold water machine, a microwave oven and two refrigerators (against wall in the dining room) for student use. Year students must pay 1-2 NIS per cup (to be determined by the students who run the coffee station). Note that the money box for the coffee/tea is NOT the same as the separate money box for kiosk items, sold privately by David Berman, the catering manager. Students are responsible for keeping the eating area neat and clean: periodically emptying and cleaning the refrigerator, washing mugs, etc. Speak to David Berman with any questions.

Non-Disposable Plates & Utensils: As much as possible, Pardes uses non-disposable plates and utensils at communal meals. In order for this important environmental practice to continue, every year students organize a dish-washing rotation on Tuesdays at the end of community lunch. At other times, students must bring their own dishes if they wish, and wash whatever they have used.

The Kitchen and Kashrut Policy

The purpose of these guidelines is to provide a comfortable environment where everyone can dine together, respecting the needs of the other in terms of *kashrut* and cleanliness. We expect the public space at Pardes to be kept both kosher and clean.

- **Please do not bring meat into the dining area.** The kitchen is a dairy facility and we do our utmost to keep meat far away from all Pardes utensils. Do not heat up meat in the student microwave (which is in the dining area, so meat should not be there anyway).
- David Berman is the Catering Manager of the kitchen. No one is allowed to take anything from the kitchen unless: 1) it is for a Pardes function/activity, and 2) they have received explicit permission from David.
- Meir Schweiger is the *halakhic* (Jewish law) authority responsible for the kitchen and food policy. All questions should be addressed to him. If he is unavailable, then speak to Danny Landes or a member of the kashrut committee (Zvi Hirshfield or Michael Hattin).
- Students may not use the Pardes kitchen for their personal needs. Although we would like you to feel at home, the kitchen is “off-limits”.
- Pardes has dishes and silverware that are dairy. They will be used only for community lunches and other special activities. On those occasions, a rotation system will be set up to wash all the dishes.
- Breakfast (and plastic utensils) will be provided only for those students and faculty who participate in morning *tefillot* (prayer services) at Pardes. Do not “help yourself” unless you have come to tefilla. Those eating breakfast will clean-up before classes begin.
- Anyone that has special dietary needs or food allergies should speak to David Berman.
- Students are invited to bring their own lunch and eat in the dining room, with the following provisions:
 - 1) All products must have rabbinic kashrut supervision.
 - 2) Students should not bring any cooked food from home to be eaten in Pardes unless they keep a kosher kitchen.
 - 3) Pardes will not provide eating utensils. Hence students should bring their own utensils (plates, cutlery, coffee cups) from home, which they will keep in their personal lockers. It is advised to bring utensils that are not the same as the official ones used at Pardes, to lessen the chance that your utensils will be locked away with Pardes utensils (please come to the kitchen to see what the Pardes utensils look like!). It is also strongly recommended that you mark your utensils with your name! All utensils should be washed and put away immediately. Any utensils left in the sink will be thrown out at the end of each day.
 - 4) There is a microwave provided for students to heat up their food. Do not heat up anything unless it is double-wrapped or in a sealed container which is kosher. Do not use Pardes plates in the microwave.
 - 5) If you make a mistake...we all do, so don't stress out! Please go immediately to Meir or any of the members of the kashrut committee and tell them what happened. They will do whatever is possible to correct the situation so that no one's observance of kashrut is compromised.
 - 6) There are refrigerators available for storing lunches. Please do not leave anything over the weekend – we will clear them out every Thursday afternoon.

General:

- **Check List to Submit to the Registrar in the Office:**
 1. **Medical Insurance** – You will receive a medical release form when you arrive and you are also able to purchase medical insurance once you arrive (more information is below).
 2. **Copy of your Passport**
 3. **Tuition Payments** - Keep receipts of payments for your records.
 4. **College Loans** - Pardes is recognized as a post-secondary educational institution for the purpose of deferring repayment of college loans. Please see the Registrar with your loan deferment request form.
- **Lockers and Security** - Joanne Barth (at the reception desk) will give you a key to a locker for 20 NIS (non-refundable). Secure your possessions in your locker, as unfortunately we have had occasional thefts.
- **Notice Boards** – There are several bulletin boards located in the dining room. Students should check these boards frequently for official notices concerning academic matters and programming, activities of interest around town and more. The "Israel Corner" bulletin board is for any articles of interest, photos or conversation pieces related to the modern State of Israel.
- **Telephone** - There is a card-operated phone in the student lounge area (for outgoing calls only). Students may only make **emergency** calls from the office, and have **urgent** messages called to the office (02 673 5210).
- **Cell Phones** – Pardes has a special deal with IsraelPhones and we encourage students to use this service. Cell phones should be turned off in classrooms and in the Beit Midrash.
- **Office Facilities** - The office is open 8 a.m.- 4 p.m. The offices and their contents (phones, computers, printers, supplies) are not for general student use. The photocopy machine can be used by students when instructors and staff do not need the machine for a cost of 50 *agurot* a page. Faxes can also be sent and received for a fee. We regret that we cannot accept email messages for students.
- **Printing at Pardes** - If students need to have something printed, Joanne can help you with this at a **cost of 50 *agurot* a page**. You can email the document to info@pardes.org.il or bring it to Joanne on a disk on key. **Please note, Joanne can only print pdf files.** This will allow your documents to be printed exactly as they appear on the screen. There are a number of free programs that can be downloaded enabling you to save your word, excel, ppt etc. as a PDF file. These include www.dopdf.com, www.pdf995.com, www.cutepdf.com, and many others.
- **General Cleanliness** - (משנה סוטה ט:טו) "...ונקיות מביאה לידי טהרה..."
"... cleanliness fosters purity..." (Mishna Sota 9:15). Please make an on-going concerted effort to keep all areas at Pardes neat and clean.
- **Attendance Policy** - A vital ingredient of the intensity and integrity of learning at Pardes is faithful, punctual attendance.
- **Medical Insurance: Everyone attending Pardes must have valid medical insurance at all times.**

We have a relationship with an insurance company called "Egert and Cohen" and you can contact them at egert@egertcohen.co.il or call them at 02 623 2546. We will invite them to Pardes for your convenience in the first few days of the summer program and in the beginning of Fall semester. They are not official Pardes insurers so you are free to choose whomever you'd like. Please note that if you have a pre-existing condition, you may wish to continue with your present insurance, as your

condition may not be covered. Also note that alcohol poisoning or any kind of drug abuse is not covered in Egert and Cohen policies. If you take regular medication, check with your physician as to whether it is available in Israel. Sometimes medications in Israel are known by a different name. For more information go to: www.egertcohen.co.il

- **Personal Effects Insurance** covers all of your belongings during your stay in Israel. This is also available through Egert and Cohen. Pick up a form in the office.
- There is a student computer in the hallway, and there is wi-fi in the dining area and the Beit Midrash. The computer in the Beit Midrash is reserved for Torah-related research.
- **Activity Fees and Trips**

Trips, Shabbat and holiday programs, special lectures, and other activities, unless otherwise noted, are free for full and part time Pardes students. To discourage last-minute cancellations, there is usually a symbolic registration fee. Hourly students may pay for these activities on an event-by-event basis when they sign up. (Full-time students cannot transfer their eligibility to participate in an activity to someone else, nor will any money be refunded for non-participation in activities).

THE PARDES STUDENT ACTIVITIES SCHEDULE CAN BE EMBEDDED INTO YOUR GOOGLE CALENDAR:

http://www.google.com/calendar/hosted/pardes.org.il/embed?src=pardes.org.il_iej19joqbce6mslbnvmgb49k5g%40group.calendar.google.com&ctz=Asia/Jerusalem

Well in advance of a hike or overnight (*tiyul*), we will post a notice indicating itinerary, what to bring, cost, etc. Everyone (including full and part time students) who wishes to attend must sign up and pay a symbolic registration fee so that we can order the right size bus, etc. A student who signs up and fails to attend may deprive another student of a place and/or may cost Pardes the substantial difference between a small or large bus.

- **Attendance Policy** - Any student anticipating an extended absence must inform Dean David Bernstein, the registrar, as well as his/her teachers at least two weeks in advance (including any trips outside the country).

If you are receiving financial aid, please be aware that in accordance with your agreement, extended time away from Pardes will result in a deduction from your financial aid package.

- **Faculty Advisors** - Every member of the Pardes administration and faculty stands ready to serve as consultant, advisor or sounding-board at your initiative. However, each full-time student will have a faculty advisor who will be available for you specifically.
- **Counseling** – Staff member Debra Weiner-Solomont, M.S.W., is available for short-term counseling. Debra works closely with a number of therapists in Jerusalem and can refer you to an appropriate professional as needed. The Association for Americans and Canadians in Israel (AACI; a very useful organization which you can join at a student rate, located next door to Pardes), offers an initial hour of counseling for free, even for non-members; call 02 561 7151 and request an appointment with a counselor.
- **Snow Day Policy** - When Jerusalem public schools (NOT universities) are closed because of snow, Pardes is also closed.

Infant Etiquette:

Pardes strives to create a warm welcoming atmosphere for new parents and their infants. We have created a number of guidelines to ensure that the new parents and other Pardes students can continue to learn in a serious productive manner. By doing so, we hope to create a balance between supporting new parents who would like to continue learning while still being close to their infants, and trying to ensure that the babies are not too much of a distraction so as to detract from the learning of other students. Thank you for your understanding and cooperation

Guidelines:

- Pardes provides a small area and table designated for you to take care of your baby's changing needs. Please use it freely and refrain from using any of the other tables for this purpose.
- Infants are permitted in the classroom if they are asleep or quiet. They are the parent's responsibility and may not be held or passed around by students. The moment they begin to make noise they should be removed from the classroom. Please do not jiggle and soothe your child in the class. Please also keep in mind that a happy, cute, gurgling baby can also be a distraction. The exact age at which it will no longer be possible to have an infant in the classroom without certain distraction is left to the discretion of the parent in consultation with the teacher, the latter who is the ultimate arbiter of the classroom. Please check in with your instructor to ensure a pleasant learning experience for all.
- Infants are permitted in the beit midrash if they are not disruptive- if they are asleep or quiet. They are the parent's responsibility and may not be held or passed around by students. The moment they begin to make noise they should be removed from the beit midrash. Please also keep in mind that a happy, cute, gurgling baby can also be a distraction. If possible please try to sit to the side near a door so that you can easily exit and enter as your baby needs.
- Nursing is permitted in the beit midrash if done discreetly, which means sitting to the side and being covered appropriately. Please understand and take into account that while Pardes supports the nursing mother, most of our students have had no contact with nursing women and therefore it might make them uncomfortable. Permission to nurse in the classroom is up to the discretion of each individual instructor, and in some cases you may be asked to leave the classroom to nurse. If you are unable to time your infant's feedings for outside of class time, please make sure to discuss the possibility of nursing with your teachers before the start of the class.

PARDES STATEMENT ON DIVERSITY

Pardes - a community that brings students and faculty together to encounter and master classic Jewish texts - has no institutional ties to any denominational or political movement. From its inception, Pardes has been committed to a vision of traditional Halakha to guide its diverse community, a community that includes and embraces those who have a wide range of views of Halakha and those who are themselves not observant of Halakha. In a fractionalized Jewish world, the challenge of fostering this vision has been compounded by denominationally different standards of Jewish status and differing modes of prayer.

In response, Pardes has made several historic decisions. These have included deciding to admit to all of its programs, without reservation, any qualified applicant who is considered Jewish by any of the major denominations. At the same time, Pardes decided that on the few occasions on which the entire community would come together for the observance of a public religious rite, the said rite would be conducted by a faculty member. Pardes feels that this is a reasonable and sensitive solution for a community as diverse as our own.

When people are strongly committed to diverse views that are mutually exclusive, sometimes the only way to support them is to create separate spaces for them. So Pardes has moved to increase the prayer options available to its students. Initially, Pardes had only one minyan that met in the beit midrash (main study hall) and followed the traditional Halakhic norms. In order to support students who were interested in other forms of prayer, Pardes opened itself to alternative student-led prayer initiatives. Thus, other minyanim were formed in accordance with the beliefs and desires of the participants. Over the years, Pardes has become home to a wide variety of prayer options, while the beit midrash has remained the center for the student-led traditional Halakhic service.

How has all of this worked out? No solution or policy is perfect, but overall, we believe that it has been successful. Pardes's beit midrash encompasses the widest scope of students imaginable, students from diverse backgrounds and with diverse beliefs who nevertheless learn, think, debate and live in great harmony. This is the day-to-day reality of Pardes. Pardes intentionally attempts to move beyond denominationalism in its activities - study, celebration and touring. The different prayer services - which emerge from the denominational reality of the Jewish world - are both vital as well as vibrant, working in a mutually complementary manner. Of course, students who do not wish to participate in communal prayer of any sort are under no obligation to do so.

At Pardes, the freedom of individual conscience is as paramount as our desire to create an authentic and intensive Jewish learning community. But even the most well-intentioned and well-balanced institutional policies can achieve only so much. In the final analysis, it is the honesty, goodwill and generosity of spirit of our diverse community that are the most decisive factors in overcoming ideological rifts and human frailties.

ULPAN

(Hebrew Language Study)

It can be hard to fit Hebrew instruction into your day once Pardes classes have started, but there are some options for afternoon and evening Hebrew instruction. (Summer ulpanim are listed on the Pardes website.)

- **The Milah Institute**
#4 Mevo HaMatmid, Jerusalem
Register between six and three weeks in advance for all courses
Contact: Tel: 02 623 3164/Fax: 02 624 9834/milah@milah.org/www.milah.org
- **Hebrew Union College Ulpan**
13 King David Street
Contact: 02 620 3333
- **Ulpan Or**
(Private, much more expensive than regular ulpan)
Contact: office@ulpanor.com/www.ulpanor.com
- **Ulpan Lalnyan**
This ulpan is located down the street from Pardes, in the AACI building.
Contact Ami at: 052 671 4924/ ami@ulpan.com
<http://ulpan.com/ulpan-la-inyan.html>
- **Ulpan Aviv**
58 Rechov Azza, Jerusalem
Curriculum developed for each student, personalized and one-on-one.
Contact: Yigael or Gil yigael@ulpanaviv.com, www.ulpanaviv.com

Online resources:

www.hebrewonline.com

<http://www.rosettastone.com/personal/languages/hebrew>

www.hebrewpodcasts.com - For contemporary spoken Hebrew.

RECYCLING

In Jerusalem

In the past few years, recycling has become more and more popular in Jerusalem. You will notice big green cages for this purpose (plastic bottles only) on many street corners. In addition, there is a bottle *hok hapikadon* (deposit law). Most small bottles (glass, plastic, cans) can be returned to the supermarket (and some smaller markets as well) for a 25 *agurot* return per bottle. Just check that the bottles are marked *pikadon*.

For paper recycling, look for big circular green trash can-like structures on the sidewalk, with a thin opening through which to deposit your papers. Certain places collect batteries for recycling. Check city government buildings or photo stores.

There is a recycling center in Givat Shaul opposite Herzog Hospital. You can recycle cans, jars, cartons, cooking oil, electronic and organic trash and more. Hours are Sunday - Thursday 10 - 4 and Friday 10 - 2.

At Pardes

Bottles

We do recycle at Pardes – but not everything! So please follow the guidelines below. Collection bins are near the kitchen.

- Please bring to Pardes any empty drink containers which have a “25 agurot deposit” (*pikadon*) written on them*
- Do not bring in any glass without this marking—it cannot be recycled
- Plastic 1.5 liter drink bottles used at Pardes should go in the bin for plastic
- Do not bring your plastic bottles from home—put them directly into the green plastic bottle recycling “cages” located on the street. There is one right at the corner of Rivka and Pierre Koenig.
- **Do not add any kind of trash to the recycling bins!**

*With the money that Pardes collects, we have purchased things which make Pardes more “green.”

Paper

There is a bin at Pardes for recycling paper. It is located next to the photocopier in the office. The halakhic ruling followed at Pardes is that photocopies of religious texts may be recycled.

Additional Note:

There is a green map of Jerusalem, as in many other major cities:
<http://www.greenmap.org/greenhouse/en/node/2094>

Part II

WELCOME TO JERUSALEM



GENERAL SAFETY

TAXIS: When you hail a taxi, note the cab company sign right away (in the front windshield). You should only enter a cab that is associated with a company.

Drivers may offer you a set rate, but note that it is law for taxis to put on the meter (*moneh*) and you have the right to insist on this.

In general, you are advised to sit in the back seat of the cab.

Be careful when exiting Pardes! The area right outside of Pardes's front door is not a sidewalk. Cars and trucks drive in this area, often very quickly. Exit with caution.

Road Safety: Take special, special caution when driving in Israel, riding a bike or crossing the street. Do not jay walk. Never cross against the light – often there will be turning cars you don't see. **It is *not* law that cars must stop for pedestrians at crosswalks.** There are a disproportionately high number of traffic accidents in Israel, including pedestrian and bicyclist deaths. Be especially careful when crossing bus lanes as it is not always clear from which direction the buses come.

Crime: Crime *does* exist in Israel. Do not leave your valuables, including your cell phone, laptop and book bag out in public even for a second. It is important to keep your apartment door locked at all times, even when you are there. It has happened that belongings were quietly stolen out of an apartment when the student was home! Tip: *make copies of important documents.*

When walking around the city, be aware of your surroundings. Please be especially alert when in a crowded area or walking alone. If you see someone hanging around Pardes that you do not think belongs, please report it to someone in the office ASAP. **Never let people in the building if you don't recognize them.** If you feel uncomfortable about opening the door, press the door bell and tell the person who answers.

Do not give out the Pardes door code to anyone who is not a student at Pardes. If you are expecting a visitor have the person either buzz or call you to open the door.

Hitchhiking: Although many Israelis hitchhike, this is not recommended. It only takes one deranged individual...it is not worth the risk.

Dehydration: Dehydration is very common among tourists and visiting students in Israel. Even when you are not out hiking you should be careful to drink more water than you normally would at home. You should drink enough throughout the day to never feel thirsty. Sunscreen and a hat are always good ideas.

Hiking: Be careful to check weather reports before you hike – especially during or near the rainy season (approximately November-May). Stick only to marked trails. Also, it's a good idea to check with SPNI (The Society for the Protection of Nature in Israel – *Haganat HaTeva*) to determine whether there are security alerts for the area in which you plan to hike.

SECURITY

Pardes students are required to obey Israeli law. They are also expected to act in accordance with the guidelines and warnings of the Israeli security services, the Education Department of the Jewish Agency and MASA - all for your own safety. Pardes is in constant contact with the Security Department of the Jewish Agency and will inform you over email or SMS should there be any specific security alerts.

At the time of the writing of this guide it is illegal for Israeli citizens to travel to areas under Palestinian Authority political and security control – commonly referred to as Area A, as well as the Gaza Strip. Pardes cannot offer assistance to students in these areas, as they are beyond the jurisdiction of the Government of Israel. Additionally, health insurance purchased in Israel does not cover you when you are in PA territory.

Should you have any questions as to the status of a particular place you would like to visit, please feel free to consult with the Pardes administration.

In the beginning of the year, each student will receive an emergency contact list which assigns groups of students to a faculty member. In case of a terrorist attack (*pigua* in Hebrew) or similar emergency in Jerusalem, **every student must call his or her assigned faculty member as soon as possible.** Pardes also has a SMS system in place, by which you are alerted that there has been an attack.

According to Israeli law, a person must carry some form of I.D. on them at all times (i.e. photocopy of Passport, Driver's License). Students have been stopped in random I.D. checks in the past and asked to produce an I.D.

MEDICAL INFORMATION

For a Doctor's Appointment:

Wolfson Medical Center is a large facility with many different types of doctors and specialists. It is located in Rechavia on Rechov Diskin: 02 561 0297. Many of the doctors at Wolfson speak English, and they accept the Egert and Cohen insurance plan, "Harel." **If you have another insurance company, you might have to pay full price at the doctor's office and then submit a claim to your insurance company who will reimburse you.**

The **Clinic on Hagedud Haivri 4** (off of Halpamach St.in Katamon) is a much smaller office but also offers a few English-speaking doctors and they also accept the Harel insurance plan. The clinic has "walk-in" hours from 8 a.m.-9 a.m. To make an appointment, call 02 561 2139. Hours: Sunday-Thursday, 8:00 a.m.-7:00 p.m.; Friday, 8:00 a.m.-noon

Dr. Harrow and Dr. Mahnaim, who have an office located on Yad Harutzim in the mall. Both speak English and take Harel insurance. Phone: 02 672 5696.

Emergencies:

- **Terem Emergency Clinic** is at the corner of Rehov Beitar and Yanovski, about a 10 minute walk from Pardes (Turn off Derech Hevron on Rechov Yanovski, next to the large Hollandia furniture showroom). The phone number is 02 673 8550. Hours: Sunday-Thursday, 9 a.m. - midnight; Friday, 9:00 a.m.-2:00 p.m. Saturday from one hour after Shabbat ends until midnight
- There is also a 24-hour Terem Clinic on the corner of Yirmiyahu and Mem-Gimel, near the Central Bus Station. The phone number is 02 652 1748

What to Expect at the Doctor

Students often express surprise after their first doctor's appointment in Israel. Appointments are generally very short and sometimes even scheduled as close together as every five or ten minutes. The quality of doctors in Israel is generally very good; do not let the nature of the appointment discourage you from this fact.

STUDENT VISAS

Get an A2 student visa before you arrive in Israel

All students not holding Israeli citizenship must obtain a student (A2) visa from an Israeli Consulate or Embassy in their home country prior to arrival in Israel. To obtain the visa, you will need to go in person to the nearest Israeli consulate. You will need a **letter from Pardes** stating that you will be a student during the 2011-12 academic year. If you are the recipient of a MASA scholarship or grant, you will also need a copy of your award letter.

Check the website of the Israeli Consulate closest to you for full requirements. <http://www.mfa.gov.il/MFA/Sherut/IsraeliAbroad/Continents/> The procedure may take several weeks, so we suggest you apply for a student visa as soon as possible.

Additional Visa requirement for Full Time students at Pardes

Pardes requires **full time students** (26+ hours) to apply for a second student visa **in Israel**. This second visa permits Pardes to receive funding from the Ministry of Education. This funding helps defray the cost of tuition for all students. Pardes will provide full assistance in the second visa application process in Jerusalem.

To receive a student visa in Jerusalem, you must bring an **original letter from your congregational rabbi** on synagogue stationery, confirming that you are Jewish and how (i.e. you were born to a Jewish mother (or who converted before you were born), born to a Jewish father (or who converted before you were born), by your own conversion). The letter should be short and to the point. The Ministry does not accept photocopies or faxes. The Rabbi should sign the letter in blue ink so it is clear that the letter is not a copy. **Please bring this letter with you to Pardes for registration.**

Confidentiality of all students will be respected. If you have any questions about the letter, or feel that your circumstances warrant an exception to this requirement, please contact Donna, the registrar.

Additional documentation required: Married students: you must bring your original (civil) marriage certificate. **Divorced students:** you must bring your original (civil) divorce papers. **Converted students:** bring your original conversion documents.

If you arrive on a three month tourist visa....

You will need to apply for a visa at the *Misrad HaPnim* (Ministry of the Interior) in Jerusalem. To make a visa appointment, go to the office at 1 Shlomzion HaMalka St. (walk from Kikar Zion on Jaffa/Yafo St. in the direction of the Old City. Jaffa/Yafo splits into Shlomzion HaMalka (to the right) and the continuation of Jaffa/Yafo (to the left). *Misrad HaPanim* will be on your left once you are on Shlomzion HaMalka. Visa appointments can be made Sunday-Thursday between 8:00 – 10:00 AM in room 204. You will usually be given an appointment 6-8 weeks in the future (*so don't wait until your tourist visa expires before making the appointment! Go as soon as you arrive in Israel.*) You will need passport picture, visa application, original letter from Pardes, original letter from your Rabbi (as described above), MASA award letter (if relevant), and 2 adjacent blank pages in your passport (married, divorced, converted students: see additional requirements above). Contact Donna, the registrar before going to your appointment. She will help you with the application. **Be aware that not everyone is eligible to receive a student visa in Israel. We strongly suggest that you obtain a student visa from an Israeli Consulate before coming to Israel.**

APARTMENTS

Pardes offers apartment-hunting advice and a list of resources, emailed to students upon their acceptance at Pardes. A hard copy of these documents can be obtained in the office. We can also provide a list of vacation apartments, suitable for visiting parents.

Apartment contracts: Shira Barzilay at Young Judaea offers to read over your apartment contract for free. Her office is near Pardes in the Young Judaea Year Course building, Gad St. #8. Email: sbarzilay@youngjudaea.org.il

Extra costs and other things to consider when renting an apartment (and to clarify with your landlord before signing a contract):

- ✓ Arnona: the annual city property tax based on size of the apartment; can range from 3000-6000 NIS per year. It can be paid monthly or yearly. Some students apply for and receive an 80% discount, but this is difficult to achieve (see below).
- ✓ Va'ad Bayit: a monthly fee paid to your building's committee of residents. This money covers general maintenance of the building and central heating if you have it.
- ✓ Agent fee: if you find your apartment through an agent you might be charged an additional month's rent
- ✓ Gas, phone, electricity, water – not included in your rent
- ✓ Washer and Dryer: Most apartments don't have dryers; you'll need to buy a drying rack
- ✓ Heat: many apartments don't have central heat. During the winter you will most likely need a space heater which, besides its own cost, will significantly raise your electricity bill
- ✓ Hot water: Be aware of the source of your hot water. In newer buildings, water is solar heated, which cuts down on expenses and is environmentally friendly. If your water is solar heated, you will need to pre-heat it in the winter, on cloudy days, and sometimes on summer mornings by flipping the “dud shemesh” switch.

Arnona Discount

Some students are successful at obtaining a needs-based discount on *arnona*, the taxes you pay to the Israeli government for renting or owning an apartment. **The percentage discount for students varies from year to year, and is based on many conditions.** Receiving this discount can be a frustrating process and there were very few Pardes students who succeeded last year – even among those who technically qualified.

A complete list of guidelines is available from Joanne in the office. Make sure you see Joanne at least two weeks before you plan on visiting the municipality building to request the discount.

It is important to note that you will need to bring proof of your income from October, November, and December of 2010. A W2 form is acceptable.

PERSONAL FINANCES

You should make sure that you have access to at least \$1000 upon arrival (in travelers' checks or through a credit card/debit card) for use until you make your bank arrangements. **Please note that despite the effort here to estimate expenses in both dollars and shekels, the exchange rate fluctuates.**

Tuition at Pardes covers classes as well as extracurricular activities such as Shabbat programs, tours and special seminars. It does not cover housing, medical insurance, books, Hebrew ulpan fees or other living expenses such as food. As a guideline, students who plan on living with roommates should budget approximately \$400 - \$600 (1400-2100 NIS, approximately) per month for rent, not including bills. Students who plan on living alone should expect to pay at least \$1500 per month (approximately 5000 NIS). Living expenses vary depending on students' lifestyles.

Projected expenses for a 10 month period in Israel are estimated at \$12,000 - \$15,000 in addition to tuition. This figure is based on estimates for a round-trip flight from North America, rent (with roommates), Hebrew ulpan, medical insurance, books, bills, food, and miscellaneous expenses.

Paying your bills

Water, electricity, gas and telephone bills usually come every two months. You can pay them at any post office by cash or Israeli check, or online or by phone with a credit card. You are also able to pay bills at the bank, directly from your account, but this costs a fee.

If you have gas balloons (which is the case in most of the older apartments), when your balloons are empty you must re-order directly from the company serving your apartment. Find out from your landlord which gas company supplies the apartment (either Paz Gas, Supergas, or Amisragas) and what the account number is. Be warned: you usually don't know your balloon is empty until you turn on the stove and nothing happens. If you start with two full balloons, you should replace each one as it empties to prevent unpleasant surprises.

BANKING

You will need to decide whether to open a bank account in Israel. You can withdraw cash (for a fee) from ATM machines (but note that not all American ATM cards work at all banks). Rent and bills can often be paid in cash and foreign credit cards can be used almost everywhere (although with some cards you are charged an extra fee for a foreign transaction). **Before you leave for Israel, it is a good idea to alert your credit card company that you will be using it abroad so the company does not block foreign charges.**

If you receive financial aid stipends from Pardes, you are required to open an Israeli bank account and your monthly stipend will be directly deposited into your account. *Students without an account will receive stipend payment by check which can be cashed only at Pardes' bank, "UBank," located on Keren HaYesod Street. This bank is open until 2 p.m. (except Fridays, when it closes earlier).*

Banks near Pardes:

- **Bank Leumi** – Corner of Derech Hevron and Ein Gedi Streets (limited hours)

- **Bank Leumi** off of Emek Refaim. This bank has approached Pardes to recruit our students. They write you the following note and will be at Pardes on the first day of school (Pardes does not endorse any one bank):

Opening an account at bank Leumi has never been easier!

Just come to our branch in Emek Refaim, with 2 forms of identifications and an English speaking banker will open your account in minutes.

With any question we will be happy to assist,

Just call: Shimrit/Yoram 02 539 9305

- **First International Bank of Israel** – Corner of Derech Hevron and Ein Gedi
- **Bank HaPoalim** – Derech Hevron and Yehuda Streets, in the big “Holandia” building. This bank has the best hours.

When opening a bank account, say you are a student and sign-up for internet access to your account (you will receive a password) so you can easily check if money has been deposited. Bank hours can be very erratic and vary from bank to bank; make sure you check the hours. Another note about banks: you are charged by transaction, so don't be surprised if you can't keep exact track of your balance. Banks charge you for everything, withdrawing their fees directly from your account. Beware that if you transfer money from your bank account abroad to your Israeli bank account, both banks will charge a fee – your Israeli bank will, in fact, charge two fees: one for the transfer and one to change the foreign currency into Israeli shekels.

Changing Money

There are 2 money changing establishments in the Emek Refaim area. There is also a change place in the “Achim Yisrael” Mall on Yad Harutzim St. about 5 minute walk from Pardes.

Word on the street continues to recommend the “Kent Stand” in Kikar Zion, at the end of Ben Yehuda St. downtown. This hole-in-the-wall place is known for having the best rates.

SERVICES AROUND TOWN

(Pardes takes no responsibility for the price or quality of any product or service listed here. All the information has been checked recently but may change at any time.)

Note: A 16% tax ("V.A.T." = **value added tax**) is included in the prices of most items. At certain stores (marked by a green sign, "VAT Refund"), if you spend more than \$100 or \$200 (depending on the store's guidelines), as a tourist you are entitled to receive the tax back at the airport. You will need to present a special receipt (ask for it at time of purchase) AND the purchases themselves (to prove you are taking them out of the country – you cannot get tax back on gifts left in the country).

SuperPharm

This is a drug store/ pharmacy. Besides medications, you can buy EVERYTHING -- shampoo, soap, make-up, perfume, toilet paper, batteries, etc. It is just across the street from Pardes at the Hadar mall.

Dry Cleaners/Laundry

- On Derech Hevron and Yehuda Streets – next to "Little House in Baka"
- On second floor of the Hadar Mall across from Pardes
- Eyal dry cleaners are at the traffic circle where Rachel Imenu, Hizkiyahu Hamelech, Elaazar HaModai, and Kovshei Katamon streets intersect.
- There is a dry cleaner on HaPalmach Street next to the bakery, "Superclean."
- Coin laundry – located on HaPalmach Street near the intersecting street "HaGdud Halvri," near Photo Doron.

Stationery and Office Supplies

Office Depot and "Hanan" are across the street in the Beit Hadar mall. Here you can send faxes and make copies. There is also a stationery store next to Sababa Pizza on Emek Refaim, "MeiEver LaDaf."

Waxing/Manicure/Pedicure

Nelli-located at David's Hair Salon on Emek Refaim near Big Apple Pizza: 050 769 5257
Jane on Emek Refaim (English speaker): 02 561 2124, located in the building between the supermarket and the video store

Wireless Access

The main floor of Pardes has wireless access, so if you have a computer (there is one desktop computer available for student use here) you can use the internet here.

All of downtown Jerusalem, Hadar Mall and much of Emek Refaim is now wireless.

Internet

When researching your options, be sure to check on the disconnection policy (there is often a contract for at least a year which you cannot break).

Netvision	1800 300 301
Kavei Zahav	1800 012 012
Barak	1800 013 013
Bezek	199 (also provides ADSL service)

On Emek Refaim there is a phone/internet store-it is next to the Baba restaurant and they sell computer access with internet (open until 1 p.m. on Fridays).

Computer Help and/or Training

Pardes alumnus Craig Preston, a seasoned computer consultant, is available to set up a local internet provider, install internet phones and software, for PC maintenance and one-on-one computer training: 02 672 0078/052 348 6117

Electronics

All electrical appliances used in Israel require 220V. If you don't have the correct adapters for your appliances/computer you can bring them to the small but all-purpose electronics store on Pierre Koenig. On the block after Super Deal supermarket, you will see a big blue sign for a mattress store. The electronics store is right before the mattresses.

Home Center, on the lower level of the Hadar mall across the street, also carries some electronics.

The News

- The two major English language papers are The International Herald Tribune with the English edition of the Israeli Ha'aretz paper inside and The Jerusalem Post. The Friday paper in Israel is like the Sunday paper in the United States—much bigger with extra sections and city calendars. You can easily access up-to-date news online:

www.haaretzdaily.com

www.jpost.com

www.ynetnews.com

- You can even subscribe to a daily online news broadcast (for free) at www.jerusalemonline.com
- The Jerusalem Report is a biweekly magazine with interesting articles on Israel and the Jewish world. Call 02 531 5435 for a subscription.
- Of course, there are Hebrew papers as well and you may want to challenge yourself by reading them.
- English News on the radio: 6:30 a.m., 12:30 p.m., 8:30 p.m. on "Reka" 954 KHZ AM or 101.3 FM and 88.2 FM (in Jerusalem)
- English TV News: Channel 1: 5:00 p.m., Sunday - Thursday, Channel 33: 5:00 p.m. - 5:25 p.m.
- A great news source you should know about (not related to any of the above): www.happynews.com Positive news from around the world.

Post Office

www.postil.com

The post office can be one of the more frustrating experiences in Israel. Always check hours of operation (which vary from branch to branch). There are three post office branches close to Pardes:

- Emek Refaim and Masaryk
- Corner of Derech Beit Lechem and Ben Yefuneh Street (near Yehuda)
- In the Kanyon Achim Yisrael (mall) on the corner of Yad Harutzim and HaTnuva

When receiving a package slip, the stamp on the slip will direct you to the post office where your package is being held. Remember to bring ID with you. Please note that if you ship new items from abroad (apparent from the packaging) your package may be subject to a customs charge.

Where are the mail boxes? The mailboxes in Israel are red and smaller than the mailboxes in the States. They resemble oversized fire hydrants. There is one near Bank Discount across the street outside of the Hadar Mall.

Eye Tests/Glasses

- Optica Menny - 32 Emek Refaim, 02 563 2135
- "Optican" on the corner of Emek Refaim and Rachel Imenu with a branch also on HaPalmach.

- Optica Halperin on Emek Refaim next to the Coffee Mill or on HaTenufa St. in Talpiot
- There is now an optician also in the Hadar Mall across from Pardes

Mikvah (small pool for ritual purposes)

In Baka, there is a mikvah for dishes on the corner of HaRakevet and Shimshon (It looks like it is someone's front lawn). In Katamon, there is a dishes mikvah behind the Shtiblach shul.

Women's mikvah: On the top of Gidon, towards Derech Beit Lechem (this is really a "no frills" mikvah!).

There is a nicer one in Katamon, in the "Shtiblach" building on HaHish Street (entrance on the side of the building). A men's mikvah is also located at the Shtiblach shul.

From the women who live near the city center, all recommend the Rand Mikveh, 8 Hanetziv Street, tel. 02 625 5560. The mikvah is newly renovated and modern. It is off Betzalel Street, across from the Gerard Behar Community Center. A cab can turn into Hanetziv St., and the Mikvah is located on the right, behind a barrier, just where the road begins to veer to the left.

<http://mikvah.org/Directory/index.asp> is a global mikvah directory

Bookstores (Sifrei Kodesh – religious books)

- Michael Rose by phone order: 050 459 8212
- Havruta Bookstore, Rechov HaLamed Heh in Katamon, not far from Pardes
- Or HaTzafon* – Rechov Mea Shearim, big selection, good prices (and discount for Pardes students—speak to Manny). Go down Rechov Strauss to the main intersection of Mea Shearim. Make a right.
- Merkaz HaSefer* – Off Rechov Strauss opposite Angel's Bakery
- Pomeranz – Rechov Be'eri 5 (off of King George, across from Hillel St.)

**As these bookstores are in religious areas, modest dress is advised*

Bookstores (regular books)

- Tzomet Sfarim in the Beit Hadar mall, across from Pardes. Mostly Hebrew books with an English section.
- Steimatsky – Israel's main chain bookstore. There is a branch on Emek Refaim. Also located at 7 Ben Yehuda, 39 Yaffo, and 9 King George and the Mamilla outdoor mall. A mix of Hebrew and English titles.
- The Hebrew University Bookstore at Givat Ram, "Akademon."
- Sefer V'Sefel – 2 Yavets St. (Off of 49 Yaffo, upstairs) A nice store for used books. Tel. 02 624 8237
- Yalkut – On King George, above Honigman/Castro. For buying and selling used books.
- Tamir Books on Emek Refaim, near Bank Discount
- Book Gallery on Shatz St. off of King George. Used books, comfy chairs, classical music.

Religious Articles and Gifts (*kippot, tallitot, challah covers etc.*)

- At the Hadar mall, across from Office Depot (a stand, not a store), "V'Zot HaBrakha." Reasonable prices.
- Yermiyahu on 2 Yannai St. Good prices.
- Yad LaKashish – High quality and religious articles and general gifts hand crafted by Jerusalem's elderly poor. You'll be surprised by the professional nature of everything in the store. Located behind Safra square downtown, 14 Shivtei Israel St.
www.lifeline.org.il
- **The Emanuel Factory** – **tell them you are from Pardes to get a discount!** Hand-made Judaica at discount prices. 02 671 9471
Located at 8 Ma'ase Hoshev St. (off Yad Harutzim)

- Gans Jerusalem Gifts and Judaica – 10% discount for Pardes students – located at 8 Rivlin St. downtown. Visit www.gans.co.il or call 02 625 1159

Household Repairs

Before hiring the following repair services, speak to your landlord. Many landlords have deals with local people whom they regularly employ. Additionally, you need to be clear about who is responsible for payment. All workers listed below speak English.

- Student Recommendation '07-'08, "Dr. Fix It," Benyamin Katzen
054 645 7994 (American)
- General household repairs: Yona Salomon, tel. 052 286 5646, Alan Morris, tel. 050 535 3373, Shlomo (Hebrew speaker), tel. 052 260 0700
- Trisim, Aluminum Windows, Doors & Screens, Yaakov Kotler, tel. 02 538 9048
- Electrical: Shlomo (Hebrew speaker), tel. 052 260 0700
- Plumbing: Itsik – Hebrew speaker but English is okay: 050 529 8171
English speakers: Dovid Lasky, 054 546 1442, Chaim Baldesar, 052 267 9361, Aryeh Blumberg, 052 323 8984
- Painting: Zvi Weiner, tel. 02 656 3918

Movie Theaters

- Gil: At Binyanei HaUma, across from Central Bus Station
- Rav Chen: Talpiot Industrial Area
19 HaOman Street
02 679 2799
- Smadar: Lloyd George 4
02 561 8168
- Cinematheque: Derech Hevron 11
02 565 4333

This theatre shows very artsy, sometimes obscure films. You can purchase a student membership for the year (get a letter from Joanne that you are a Pardes student). You receive a monthly schedule in the mail and unlimited access to almost all movies showing there.

Gyms

- Curves (for women) – on Pierre Koenig across from the traffic circle with pomegranate statue
- Body & Soul, HaMusahim 5 in Talpiot (runs parallel to Pierre Koenig, behind Beit Hadar mall) 02 678 8861 (See back cover ad)
- Jerusalem Fitness Center – offers one-on-one personal training as well as a few classes. Call Michael at 054 625 0269
www.jerusalemfitnesscenter.com
- Club Halsha: For women, on HaUman in Talpiot
- YMCA: "Great Shapes." A mixed gym (with pool) with the option of separate classes for men and women. King David Street. www.greatshape.co.il

Anonymous HIV/AIDS Testing in Jerusalem

The Open Clinic is located within the Jerusalem Open House for Pride and Tolerance (www.joh.org.il) at 2 HaSoreg St., 1st floor (at the intersection of Jaffa St. and Shlomotzion HaMalcha St. in the city center). You are asked to donate 50 NIS to cover the cost of your test so that the clinic can provide free HIV/AIDS tests to those in need. **Open Clinic Hours:** Sundays 6:00-8:30 PM (rapid testing available until 7:30)

CONSULATES/EMBASSIES

If your consulate or embassy is not listed below, please see Karen and it will be included in the next printing.

- US Consulate**: Close by in East Talpiot - 14 David Flusser St. 02 630 4000
- Canadian Embassy in Tel Aviv: 03 636 3300
- British Consulate General in Jerusalem: 02 541 4100
- British Embassy, Tel Aviv: 03 725 1222
- German Embassy, Tel Aviv: 03 693 1313
- Ukrainian Embassy, Tel Aviv: 03 604 0242
- Embassy of the Czech Republic, Tel Aviv: 03 691 8282
- Embassy of Argentina, Herzilya Pituach: 09 970 2743
- Australian Embassy, Tel Aviv: 03 695 0451
- Polish Embassy, Tel Aviv: 03 725 3111
- French Embassy, Tel Aviv: 03 520 8500
- Italian Consulate, Jerusalem: 02 561 8966
- Italian Embassy, Tel Aviv: 03 510 4004
- Russian Embassy, Tel Aviv: 03 522 6733/6/7

****NOTE: The American Consulate requires appointments!** You can't just show up. You must schedule an appointment in advance by clicking on the following link:

<https://evisaforms.state.gov/acs/default.asp?postcode=JRS&appcode=1> This site can also be accessed by visiting the Consulate General website at <http://jerusalem.usconsulate.gov/> and clicking "U.S. Citizen Services."

For further information: email jerusalemacs@state.gov

Emergency Number at U.S. Consulate in Jerusalem

For emergencies outside of normal business hours **ONLY** (outside of Monday-Friday, 8:00AM to 4:30PM and holidays) you can contact the Consulate General at **02 622 7250**. This emergency number **cannot** assist with questions regarding regular passport renewals, consular reports of birth, or other routine consular matters.

TRANSPORTATION

Buses:

The buses which come closest to Pardes are: 21, 21A, and 49 (limited times of day)

Buses which come close by (Derech Hevron): 71, 72 (stop of King George) 74, 75 (from Agrippas) The #7 runs to/from downtown on Derech Beit Lechem.

Late night buses are the 101 and 107 which run 12:30 a.m. – 3:00 a.m. and run back and forth between Emek Refaim and the center of town.

Egged is the bus company in Jerusalem and buses are the cheapest way to get around. Buses run from 5:30 a.m. to about midnight, depending on the line. They do not run on Shabbat and holidays and stop about an hour before. Phone:

*2800, <http://www.egged.co.il/Eng/>

For a bus map, go to the Hebrew website www.egged.co.il or for English:

http://web.me.com/jerubus/English_Site/Jerusalem_Bus_Map.html

You can also pick a map up at the Information Kiosk at the Central Bus Station.

Bus details (as of June, 2011):

- Price of single ride within Jerusalem: 6.40 NIS.
- Take two buses (within 90 minutes) make sure to get a TRANSFER ticket from the driver, IN ADDITION TO YOUR REGULAR TICKET OR PUNCHED MULTI-TICKET. The time is recorded on the ticket and can be presented at the next bus. Don't lose that ticket! WHEN YOU USE THE TRANSFER YOU MUST PRESENT BOTH TICKETS.
- *Cartisia* – Discounted multi-ride card for 51.20 NIS
- Monthly bus pass *hofshi hodshi* – 227 NIS

Note: Always hold onto the little ticket the driver hands you in case a bus inspector boards the bus to make sure everyone has paid.

Rav Kav The Rav Kav card is an electronic reloadable expected to be integrated by all public transportation companies in Israel and Jerusalem very shortly. Once the project is completed, Rav Kav will replace all the existing paper tickets! You can already get your Rav Kav card at designated locations.

Locations of the Rav Kav stands:

Malha Mall: Third floor, open until 10 p.m.

Ben Yehudah pedestrian mall: one stand located on Ben Hillel and one is in front of the Mashbir, between 10:00-17:00

Central Bus Station: at the train station in front of the station's entrance, between 10:00-17:00

Taxis/Sheruts:

All taxis have a meter ("moneh" in Hebrew) and it is the law that the driver does in fact put it on (always check!). Receipts are available upon request. Tips are not customary. The meter starts at 11.90 NIS. Rates are higher from 9:00 p.m.-6:00 a.m. and before Shabbat. Extra charges: if you order the taxi by phone, if there are more than two people taking the cab, and if you have suitcases.

If you flag down a cab on the street, make sure it has a sign in the front windshield indicating an official taxi company. Always ask the cab driver for a receipt in case you forget something in the cab or want to report a complaint.

Note that there are set rates for travel between cities – you do not have to negotiate one.

A few local cab companies:

Smadar (Emek Refaim) 02 566 4444, 02 563 5111

Rechavia Taxi 02 625 4444/5/6

Hatayelet 02 672 2222

Malha 02 679 4111

A *sherut* is a shared taxi-van. Sheruts are available between major cities and to and from the airport. There are usually sherut stands right near the main bus station in every city. In Jerusalem there is a sherut stand for travel to Tel Aviv (and a few other major cities) on HaRav Kook Street across from Kikar Zion; sheruts to Beit Shemesh are next to the Central Bus Station. The driver will wait for the van to fill-up, so allow extra time if you plan to travel this way.

Airport Transportation:

A sherut is the easiest and cheapest way to or from the airport. It costs 58 NIS per person (or \$18). The driver will come pick you up (or drop you off) at your home. Tell the sherut when you want to arrive at the airport and they will tell you when they will pick you up – they pick up many people and know, according to your address, if you'll be the first or last or somewhere in between!

Nesher 02 625 7227, 02 623 1231, 1 599 500 205

(Keep calling, it can take forever for them to pick up)

By bus: Take 947 to Haifa and tell the driver you are going to the airport. He will let you off at Airport City (ask for a transfer ticket). From there, take the 5 line which comes every 10-15 minutes and will take you to the terminal.

Private cabs to the airport: Approximately 230 NIS during the day and 250 NIS at night

Renting a Car

Note a new car rental place just opened on the roof of the Hadar mall across the street. These other rental agencies are located on King David Street:

Avis www.avis.co.il

Budget www.budget.co.il

Hertz www.hertz.co.il

Eldan www.eldan.co.il

Note: You must be at least 24 years old to rent a car.

THE PHONE

In Israel, the area code is two numbers preceding the phone number. The Jerusalem region area code is "02." When calling from a land line phone within the Jerusalem area, you do not need to dial 02. From cell phones, the regional area code always must be dialed, even if you are in Jerusalem and calling a Jerusalem number.

Keep in mind that dialing to a cell phone from a land line (and the other way around) is more expensive than calling from land line to land line or from cell phone to cell phone. Also note that the rate is cheapest between phones in the same network.

Important Phone Numbers:

Pardes Phone	02 673 5210
Pardes Fax	02 673 5160
Police	100
Ambulance	101
Fire	102
Electric Company	103
Information	144
Rape Crisis Center	1202
Phone Company (Bezek)	199
City Problems to report	106
Telephone Repair	166
Overseas operator (for collect call)	188
AT & T Direct	177 100 2727
MCI Direct	177 150 2727
Weather Forecast	03 560 0600
To check arrivals at airport (in Eng.)	03 972 3332
National Poison Control	04 854 1900
*42	Automatically calls the last person who called you

Calling internationally

International long-distance rates have become very competitive. You should shop around for the best deal. Check the rates and billing conditions (i.e. can you pay with a foreign credit card?). These companies are a few options:

Kavei Zahav	012	1 800 012 012
Barak	013	1 800 013 013
Bezeq Intl.	014	1 800 014 014

Calling Israel From Abroad: Dial the international code (011 if in the States) then the country code (972) then the area code or cell phone code WITHOUT a zero. Pardes' number from the States would be: 011 972 2 673 5210

FOOD SHOPPING

The Shuk (Mahaneh Yehuda)

Shopping in the *shuk* (open-air market) in downtown Jerusalem is quite a cultural experience. Fruits and vegetables are the freshest and cheapest here. The shuk also features a range of fresh breads, pastries, meats, and house wares. Food is sold by the weight and bargaining is no longer commonplace.

If you keep kosher, be aware that even fruit and vegetables grown in Israel need a kosher certificate (*teudat kashrut*) which certifies that a certain percentage of the produce has been tithed.

Supermarkets

Almost every supermarket delivers groceries for an extra charge. Also know that grocery store carts require a 5 NIS coin (which you get back upon returning the cart). An American quarter works as well.

Mega Bul

Mega is on Pierre Koenig Street on the bottom floor of the Beit Hadar mall across the street from Pardes. It is a large grocery store with lots of variety, and it is among the more inexpensive grocery stores in the area. There is also a pharmacy/drug store in the supermarket.

Super Sol Deal

Also on Pierre Koenig street, right next to Pardes. A bit smaller than Mega.

Mr. Zol

Convenient shopping if you are on HaPalmach Street.

Super HaMoshava

The supermarket on Emek Refaim might be convenient, but it is much more expensive than other supermarkets (especially the produce).

Rami Levi

Located in the Achim Yisrael Mall – known to be cheap.

Super Deal

At the Corner of Rivka St and Derech Beit Lechem. A bit pricey (although cheaper than Super Moshava) but convenient, and lots of familiar products and great service.

Zmora HaOrgani

This is a great health food store (with organic produce) on Yad Haruzim, a five-minute walk from Pardes. There is another branch on Asa St. (small street off of Emek Refaim, near the Ramban shul). This store has better prices than the Anise chain.

RESTAURANTS

Kashrut

Not all restaurants in Jerusalem (or Israel) are kosher. Kashrut certificates should be prominently displayed in kosher restaurants. Also note that the social justice organization, "BeMa'aglei Tzedek" gives a certificate to restaurants (both kosher and non-kosher) if they meet social justice standards such as wheelchair access (when possible) and paying their workers a legal wage on time. This certificate, called the *Tav Hevrat* (social seal) is usually displayed alongside kashrut certificates. Ask restaurants if they have "the Tav," and show your support for the idea that restaurants should comply with basic ethical standards of business. Some chose only to patronize restaurants that have "the Tav." Visit www.tav.org.il for more information. And speaking of ethical behavior...if your bill does not note that tipping is included (most of the time it isn't) a 15% tip is customary.

Extra cost: Note that a small security fee is usually automatically added to the bill at any restaurant with a guard.

Closest to Pardes

During your lunch break, you don't have much time! Luckily, there are plenty of quality eateries within a five minute walk. There's also a supermarket next door.

Falafel Chen – Right across the street from Pardes, on the corner.

Beit Hadar Mall – Some of the best **shipudim (meat skewers)** in town! For vegetarian fare, **Aroma**, **Café Ne'eman**, and **Café Hillel** offer salads and sandwiches.

Borekas Ima – A two minute walk up Rivka St. Fresh borekas and pastries, bread.

Emek Refaim

Emek Refaim Street is a trendy place to be. It's a short walk from Baka, Katamon and Talpiot. You'll find fun shops, boutiques, and you'll eat well. Most, but not all, of the restaurants on "Emek" are Kosher.

The Coffee Mill

If you are looking for American-style brewed coffee, the only place is **The Coffee Mill**, located next to Bank Discount on the end of Emek Refaim farthest from Pardes. Very small, cozy atmosphere and you can get a special gift by joining the Coffee Mill Facebook group: <http://www.facebook.com/groups.php?ref=sb#/group.php?gid=109237407120>

Derech Beit Lechem

This street is also full of restaurants, coffee shops, and boutiques.

Mamilla Mall

This outdoor shopping plaza is next to Jaffa Gate and the Mamilla hotel. There are many restaurants and most are accessible for those with special physical needs.

For more suggestions of where to eat in Jerusalem, check out www.eluna.com for listings of kosher restaurants in Jerusalem and coupons for 10% off meals.

SHABBAT

One of the most powerful aspects of living in Israel for a significant amount of time is fully experiencing the rhythm of the Jewish calendar. The cycle of a year in Israel brings with it different sights and smells than that which permeate non-Jewish societies. This is true also of the Jewish week, which is very much centered around Shabbat. Sunday, instead of being part of a weekend, is the first day of the week, with businesses (with the exception of banks) and schools open regular hours.

For most businesses and all schools, Friday is a half day. Stores usually close three hours prior to Shabbat, so plan your shopping accordingly. Supermarkets are much more crowded on Thursdays and Friday mornings. On Fridays, bakeries sell fresh *hallo*, flower stands pop up on street corners, and the atmosphere around the town is bit more rushed.

It can be frustrating not to have a “full weekend,” since if you observe Shabbat in the traditional sense you can feel that, without a Sunday, you are missing a day to catch up on errands, travel, or to just watch T.V. But keep in mind that the yearly Jewish calendar, which includes a full week break for Sukkot and Hanukah and over two weeks for Pesach, gives you back a lot of the time you feel you lack on a weekly basis.

Orienting yourself to the Jewish rhythm of life and seasons is part of the challenge and reward of being in Israel for an extended period of time.

Shabbat Customs

Being a guest and having guests is an integral part of Shabbat. When you are a guest, it is customary to bring a small contribution to the meal – for example, a dessert, a bottle of wine or grape juice. Only bring flowers if you arrive on Friday afternoon before Shabbat, since a religious Jew cannot place flowers in water on Shabbat itself.

Sounds of Shabbat

In Jerusalem, there is a siren that sounds at candle lighting time. The siren is not the sound of impending war, but rather a reminder that Shabbat is coming and there are only 18 minutes left to do final preparations and light candles (Note that Jerusalem takes in Shabbat earlier than the rest of the country – it's added holiness in the holy city).

Shabbat Hospitality

Shared Shabbat meals are an excellent way to get to know fellow students and your teachers. Joanne Barth in the office is available to help coordinate meals with faculty members and Pardes Board Members, particularly during holiday times.

SYNAGOGUE GUIDE

This list is by no means exhaustive! There are many more synagogues around—almost one per block. If you especially enjoy a shul not on this list, be sure to let us know and we will include it on next year's list.

Pardes thanks Hillel for helping to compile this list.

But first...a vocabulary guide

mehitza	Partition, divider (between men and women)
siddur	Prayer book
mahzor	High holiday prayer book
to daven	To pray
tefilla	prayer
minyan	Prayer group
shul	synagogue
drash/drashot (plural)	Explanation, interpretation, also used to mean sermon
dvar torah	Word of torah, sermon
Humash	Torah (in book form)
Carlebakh-style	Lots of singing

Note: Most Friday night services do not start at the same time every Friday night since Shabbat starts at a different time each week. Additionally, many shuls have a fixed summer time on Friday nights that is before nightfall. It's a good idea to check on times prior to Shabbat! Also note that on high holidays you should bring your own machzor.

Egalitarian

Maayanot

www.mayanot.info

Kehillat Mayanot is an egalitarian, observant *kehilla* (community) affiliated with the *Masorti* Movement. There are approximately 40 families made up of Ashkenazim and Sephardim; singles, families, and seniors; native Israelis and olim from North and South America, France, England, Germany, and Hungary. It is located in the shelter (*miklat*) in the courtyard of the masorti high school on the corner of Beitar and the continuation of Yehuda (up by the Tayelet).

Kedem

<http://groups.yahoo.com/group/Kedem/>

This is a traditionally focused, egalitarian minyan that is run and led by its participants. The minyan meets every Shabbat morning and every other Friday night. Sign up for their Yahoo Group to get specific times and locations for Friday nights. Although everyone speaks English, everything is in Hebrew. Bring your own siddur and Humash. It is held in *beit sefer* (school) Adam, on Emek Refaim.

Reform

Kol Haneshama

www.kolhaneshama.org.il/english/index.asp

This is a Reform synagogue, led by Rabbi Levi Kelman. Explanations are in Hebrew and in English. The minyan enjoys singing, and includes many young Israelis. Services begin at 9:15 a.m. on Shabbat morning and at 6:00 p.m. on Friday night. It is located on Rehov Asher, in Baka (very close to Pardes).

Hebrew Union College

This is a very friendly and welcoming Reform service. Services begin at 9:30 a.m. Shabbat morning. It is located on Rehov King David, next door to the King David Hotel.

Mevakshei Derech

www.joinkby.com/mevakshei_derech/index.html

This synagogue has a Reconstructionist philosophy, although no English is used. There is a mix of Israelis and English speakers and it has a friendly reputation. Services begin Shabbat morning at 9:00 a.m. It is located on Rehov Shai Agnon 22, in San Simon.

Conservative

Moreshet Yisrael

www.joinkby.com/moreshet_yisrael/index.html

As close to an American Conservative service that can be found in Jerusalem, conducted using some English. Services begin at 8:30 a.m. on Shabbat morning. It is located on the corner of Rehov Agnon and Keren HaYesod, next door to the Center for Conservative Judaism.

Moreshet Avraham

www.joinkby.com/moreshet_avraham/index.html

This Conservative synagogue is in a beautiful building with a friendly congregation; many young people come with kids. They read the entire Torah reading on Shabbat morning. Services begin at 8:30 a.m. on Shabbat mornings. It is located on Rehov Adam in East Talpiot.

Orthodox

Shir Hadash

www.shirhadash.com

This is a Modern Orthodox shul (mehitza down the middle) with a rabbi. It is mostly attended by English-speakers. The minyan begins at 8:45 a.m. on Shabbat morning and 20 minutes after candle lighting on Friday night. All announcements and drashot are in English. The shul is held on the top floor of a Synagogue in Katamon located at Cheyl Nashim Street #4.

Yakar

www.yakar.org

This is an Orthodox shul with a rabbi. There is a lot of singing to Carlebach tunes. There are two minyanim on Friday night- the downstairs minyan is longer. On Shabbat morning there is a Kiddush before the Torah service, with English and Hebrew learning sessions. It is mostly English-speakers. Services start 15 minutes after candle lighting, and begin at 8:30 a.m. on Shabbat morning. It is located on Rehov Kovshei Katamon, in Katamon.

Great Synagogue

A popular tourist spot because it is so large and beautiful and sometimes attended by political figures. It is an Orthodox shul with separate seating (women in a very high balcony). Sometimes features a choir. Services begin at 9:00 a.m. Shabbat morning. It is located on King George Street.

Yemin Moshe

This is an Orthodox synagogue with both Israelis and English-speakers. Great Kiddush! Services begin at 8:30 a.m. on Shabbat morning. It is located on Pele Yoetz Street, at the bottom of Yemin Moshe; a beautiful location with a view of the Old City walls.

Italian Synagogue

This is an Orthodox Italian Sephardic shul, and is a beautiful building. Women sit in the balcony. It is located on Rehov Hillel.

Shtibalakh

This is an Orthodox house of prayer and study – much more than a synagogue. There is daily davening, with constant minyanim any time of day. It is located on Rehov Hakhish. (Note: There is both a men's and women's mikvah here.)

“The Late Minyan”

www.lateminyan.com

This is an Orthodox minyan, attended mostly by English-speakers. Services begin at 9:45 a.m. in the summer and 9:30 a.m. in the winter. Get there early or you won't get a seat! It is located on 4 Rehov Hashayarot, between Rehov Halamed Heh and HaPalmach.

Kol Rina

The Nahlaot Community Shul – Orthodox, Carlebach-style davening. There is a lot of singing and dancing. It is located in the bomb shelter (*miklat*) on Rehov Beersheva. If you're claustrophobic, this minyan is not for you.

Yedidya

<http://www.yedidya.org.il/>

This is a progressive Orthodox shul without a rabbi. There is a mehitza down the middle and women often give a dvar Torah. Services begin at 8:30 a.m. on Shabbat morning, and 5 minutes after candle lighting on Friday night. It is located on Rehov Lifshitz, in Baka, 2 minutes from Pardes.

Mizmor LeDavid

www.mizmorledavid.org

Mizmor LeDavid is located at the corners of Efrata, Giladi and Nahum Shadmi in Old Talpiot in the Payis building Shevet Lahavot. The congregation davens Nusah Sfar in Hasidic and Carlebach style and have a commitment to learning, warm welcome, and spirited participation.

Shira Hadasha

www.shirahadasha.org.il

Shira Hadasha is a community committed to halakhah, tefillah and feminism. There is inclusion of both men and women in leadership and ritual participation within the framework of halakhah. Women lead Kabbalat Shabbat, Pesukei de-Zimra, remove and replace the Sefer Torah to the Ark, and participate in Torah reading. There is a mehitza down the middle, and lots of singing. Friday night services begin twenty minutes after candle-lighting time during the winter months and at 6:45 p.m. during Daylight Savings Time. Shabbat morning services begin at 8:30 a.m. It is located in the ICCY building on Emek Refaim (near Cremieux Street).

Hakhel

Baka minyan in a *matnas* (community center) on Zebulun St. (off of Yehuda – there is a sign for the community center). This minyan is very similar in philosophy to Shira Hadasha, with a very Israeli feel.

USEFUL WEBSITES

Israel Radio Stations
<http://www.radiox.co.il/>

Learning Hebrew

- Milon Morfix- Online Hebrew English Dictionary
<http://milon.morfix.co.il/>
- The “Passing Phrase” archive- Explains Hebrew idioms with literal and figurative translations: <http://www.learnhebrew.org.il/archive.htm>
- Wikipedia article on Hebrew grammar. The part on verbs is especially good.
http://en.wikipedia.org/wiki/Hebrew_grammar

Learning Torah

- The Complete JPS Tanach in Hebrew and English
<http://www.mechon-mamre.org/>
- A Complete online siddur with vowels
<http://www.onlinesiddur.com/>
- Jastrow's Dictionary of Targumim, Talmud, and Midrashic Literature
<http://www.tyndalearchive.com/TABS/Jastrow/>

Prayer

Individuals can access many daily and special prayers/songs that one encounters in the Pardes community at virtualcantor.com

Travel

www.jerusalem3.com
has free audio tours you can download

Go Visit Israel - NEW
Online guide to traveling in Israel.
<http://www.govisitisrael.com/>

Map sites galore - NEW
<http://manneli.com/Map/indexMap.htm>

www.jeffseidel.com is a great resource for touring Jerusalem and the rest of the country. Find hotels, retreat centers, tour guides, and more!

For updated travel warnings visit:
http://travel.state.gov/travel/cis_pa_tw/tw/tw_1764.html

Go Visit Israel
Online guide to traveling in Israel.
<http://www.govisitisrael.com/>

www.weekend.co.il
www.israelpoint.com

www.holidayinisrael.com
www.youth-hostels.org.il

Social Networks and Events

www.joh.org.il (Serving the LGBTQ Jerusalem community)

Funky nearby theater/music venue:

<http://www.yellowsubmarine.org.il>

General information on things to do around town and special events:

www.jerusalem.muni.il (website for the Jerusalem Municipality)

www.gojerusalem.com

www.here4theyear.com (Great list of museums, tourist sites)

www.jerusalemblueprint.com

MEASUREMENT CONVERSIONS

In the Kitchen:

Oven Temperatures

Fahrenheit	Celsius (Centigrade)
250° F	120° C
300° F	150° C
350° F	175° C
375° F	190° C
400° F	205° C
450° F	230° C

Dry Ingredients: 1 Ounce \approx 28.3 Grams

Butter and Margarine: 1 Cup \approx 225 Grams

Weight: 1 kilogram = 2.207 pounds

Food is sold by the kilo (fruits, vegetables) or by 100's of grams (cheese, olives)

Great Website for most of your cooking conversion needs:

<http://allrecipes.com/advice/ref/conv/conversions.asp>

Voltage: 220 Volts AC

Frequency: 50 Hertz

Be extra careful with electricity in Israel. It is much more powerful and dangerous than U.S. currency.

1 inch = 2.54 centimeters

1 foot = .3 meters

1 mile = 1.61 kilometer

1 pound = 450 grams

Celsius(Centigrade)	Fahrenheit
0.00	32.00
5.00	41.00
10.00	50.00
15.00	59.00
20.00	68.00
25.00	77.00
30.00	86.00
35.00	95.00
40.00	104.00
45.00	113.00
50.00	122.00

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